



ST BENEDICTS 2026

RECONCILIATION

An Encounter with God's Mercy

The Sacrament of Reconciliation is a profound encounter with God's mercy, offering space for reflection, healing, and renewal. It invites us to pause, speak honestly before God, and experience the freedom that comes from forgiveness. At its heart, Reconciliation reminds us that God never turns away from us, but continually draws us back into relationship with compassion and grace.

Our Parish and School are partnering to offer our First Reconciliation program for children and their families in the coming weeks. Key dates for the program are outlined below:

INFORMATION & FORMATION NIGHT:

Thursday 19 February, 6-8pm — Collins Wing

RETREAT DAY:

Wednesday 18 March — during the school day

CELEBRATION OF THE SACRAMENT:

Wednesday 25 March, 5:00-6:30pm — St Benedict's Church

Families who wish to participate are invited to email the Parish Office to register.

Events and Announcements

14/21
MAR

St Benedict's Liturgical Training!

To be formed and equipped in the liturgy is more than learning what to do – it is allowing our hearts, minds, and skills to be shaped so we can serve God and one another with confidence and love. When we understand why we do what we do at Mass, our participation becomes more prayerful, intentional, and life-giving for the whole community.

To support this, our parish will be offering Liturgical Training and Formation, open to all current and prospective ministers. These sessions will combine spiritual formation with practical guidance, helping us serve reverently and as one body.

Dates:

Sat 14 March | 10am–4pm

Training & Formation for Readers, Sacristans & Eucharistic Ministers

Sat 21 March | 10am–4pm

Liturgical Music Training & Formation

All are warmly encouraged to attend as we continue to grow as a parish, serving not from routine, but from faith.

12
FEB

Coffee at Gryphon

All parishioners are invited to meet at Gryphon's, Griffith shops at 10.30 am on the second Thursday of each month, the next catch up will be Thursday 12th of February.

19
FEB

First Reconciliation 2026: SAVE THE DATE!

This is initial key information regarding First Reconciliation 2026. The Reconciliation Information Night will be happening on the **Thursday 19th of February in the Collins Wing from 6pm-8pm**. There will be a sacramental program (more details to come) and the date of the Sacrament itself will be **Wednesday 25th of March at 5pm at St Benedict's Church**. Contact the Parish office for more details and registration.

APR
2026

2026 Alpha Course: SAVE THE DATE!

Curious about life, faith, and meaning? St Benedict's is running the Alpha course next year starting in April 2026 (details to be confirmed). Alpha is an 12-week series that creates a space for honest conversations in a warm, welcoming environment—no pressure, no judgment. Everyone is welcome. Come for the conversation, stay for the community. Interested? Stay tuned for more details to come in the new year!

2
MAY

2026 Parish Assembly: SAVE THE DATE!

All parishioners are invited to our Parish Assembly happening next year on Saturday 2nd of May. This will be a whole day event where we will be sharing the vision of the Parish, you won't want to miss it!

How to connect with our Parish?

KINGDOM KIDS

Sun 9am Mass (except school holidays & long weekends)

Sherice Kazzi (Contact Parish Office)

FUSION YOUTH GROUP

Friday Nights (Fortnightly)

7-9pm Collins Wing

Axel Healey (Contact Parish Office)

MOTHER'S PRAYERS

Each Monday (school term)

9.30am, Parish Centre

Rachael Nano (Contact Parish Office)

MEN'S SHARING GROUP

Tuesday Nights (Fortnightly)

7:30pm, Parish Centre

John Murray (Contact Parish Office)

REST IN ME MEDITATIONS

Each Wednesday

10am-12pm, Parish Centre

Ayanthi Perera (Contact Parish Office)

STREET MINISTRY

Friday Nights

After 5:30pm Mass, Civic

(Contact Parish Office)

Sacrament Dates 2026

First Reconciliation: 25th of March

First Communion: 21st of June

Confirmation: Not happening next year.

RCIA begins TBD

Marriage and Baptisms by request.

Before each sacrament there is an information evening, a sacramental program, a retreat then the date of the sacrament itself.

If you would like your child to receive the sacraments, please contact the parish office for more information.

Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Tony Evans, Caroline Evans, Jackie Carpenter, Mark Ransom, Gert Fletcher, Anna Pace, Rita Smith, Wendy Fisher-Hudson, Barry Murphy, Helen French, Sagar Julie O'Brien, Oscar.S, Peter Robinson and all those sick in our parish.

Recently Deceased: Isabel Evans

Priests:



Parish:



Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, utilities).

Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

First Reading Is 58:7-10

Your light will shine like the dawn.

Thus says the Lord:

Share your bread with the hungry,
and shelter the homeless poor,
clothe the man you see to be naked
and turn not from your own kin.
Then will your light shine like the dawn
and your wound be quickly healed over.

Your integrity will go before you
and the glory of the Lord behind you.
Cry, and the Lord will answer;
call, and he will say, 'I am here.'

If you do away with the yoke,
the clenched fist, the wicked word,
if you give your bread to the hungry,
and relief to the oppressed,
your light will rise in the darkness,
and your shadows become like noon.

Responsorial Psalm

Ps 111:4-9. R.v.4

(R.) A light rises in the darkness for the upright.

1. He is a light in the darkness for the upright:
he is generous, merciful and just.
The good man takes pity and lends,
he conducts his affairs with honour (R.)
2. The just man will never waver:
he will be remembered for ever.
He has no fear of evil news;
with a firm heart he trusts in the Lord. (R.)
3. With a steadfast heart he will not fear;
open-handed, he gives to the poor;
his justice stands firm for ever.
His head will be raised in glory. (R.)

Second Reading 1 Cor 2:1-5

I came to you to proclaim Christ crucified.

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

Gospel Acclamation Jn 8:12

Alleluia, alleluia!
I am the light of the world,
says the Lord;
the man who follows me
will have the light of life.
Alleluia!

Gospel Mt 5:13-16

You are the light of the world.

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.'

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

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Reflection by Fr Michael Tate

You are the salt of the earth, you are the light of the cosmos. 'You' is in the plural. So these descriptions are meant to apply to us as a Christian community. Salt in the ancient world was a preservative for food. So, we are the ones who are to preserve the earth, to prevent its deterioration, to keep it life-giving. Salt has to penetrate food to have an effect. We have to penetrate the world with our Sermon on the Mount values. Staying self-contained as a perfect little band of Christians is about as useful as salt remaining in the saltshaker. In Our Lord's scary opinion we would quite rightly be trampled underfoot. How are we light for the cosmos? By 'good works'? No, a truer translation is by 'beautiful works'. These are those things we do which have grace, elegance and proportion and are therefore pleasing to observe: beautifully good-works. We could pause for a moment to pray that we remain salty and tangy, doing good beautifully and elegantly.

mtate@bigpond.com

Our Commitment to Safeguarding:

At St Benedict's Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday

8am
6pm (Vigil)

Sunday

9am
6pm (Charismatic)



EUCCHARISTIC ADORATION

Come adore Jesus
in the Blessed
Sacrament.

Mon - Tue:

7am - 9pm

Wed - Thurs:

1pm - 9pm

Friday

7am - Sat 8am



ROSARY

After each weekday
mass except Fridays.
After Sat 8am Mass.

RECONCILIATION

Friday
6:15pm - 7pm
Saturday
5pm - 5.30pm



SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

OUR PRIESTS

Fr Chris Eaton MGL (PP)
Fr Samson Ezemuokwe MGL (APP)
Fr Joseph Nivaskaran MGL (APP)
Fr Tony Schick MGL

PARISH OFFICE

(02) 6295 7879
narrabundah@cg.org.au
Tue/Thurs/Fri: 9am-12pm

SAFEGUARDING OFFICER

Julie Long
Contact: IPSS@cg.org.au